Q44.

## Review to Inform a Better and Fairer Education System

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Q2. 2. What are the evidence-based practices that teachers, schools, systems and sectors can put in place to mprove student outcomes, particularly for those most at risk of falling behind? Are different approaches equired for different at-risk cohorts?	
23. 3. How can all students at risk of falling behind be identified early on to enable swift learning nterventions?	
Q4. 4. Should the next NSRA add additional priority equity cohorts? For example, should it add children and voung people living in out-of-home care and students who speak English as an additional language or lialect? What are the risks and benefits of identifying additional cohorts?	
Q5. 5. What should the specific targets in the next NSRA be? Should the targets be different for primary and	

Q5. 5. What should the specific targets in the next NSRA be? Should the targets be different for primary and secondary schools? If so, how? What changes are required to current measurement frameworks, and what new measures might be required?

06. 6. How can t ationally cohere ndividual studen	ent reform ager	ne next NSRA be nda while allowin s and needs?	estructured to e g jurisdictions a	ensure evidence and schools the	e-based approac flexibility to resp	ches underpin a bond to	
)7. 7. How shou	ıld progress tov	vards any new ta	urgets in the ne	xt NSRA be rep	oorted on?		
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## Chapter 3: Improving student mental health and wellbeing

Q8. 8. What does it look like when a school is supporting student mental health and wellbeing effectively? What is needed from school, systems, government and the community to deliver this?

The pressure on performance and obsession with measurement/comparison of grades is placing significant psychological pressure on students. Whilst learning knowledge is important and has a place, it is understanding how one's own mind works, and the impacts this has on relationships between individuals that is crucial. Teaching effective mental health means teaching each individual how to watch their thoughts (watch the historic and culturally conditioned images and stories) and how to drop them and give attention to the present.. this will not only hugely improve mental health, but provide for mental clarity, curiosity and openess, the ideal ground for learning without pressure. A waldorf or steiner education is closer to achieving this, but could definitely go further in this space. Any mental strategy which references the DSM or OCD classifications of mental distress needs to immediately and seriously go back and look at the foundations of these classification systems (classifications are voted on, not underpinned by science. The lastest classification meeting has been imbargoed for 20 yrs meaning you can't even see the decision making process). There are alternative models av

	9. 9. What evidence-based wellbeing approaches currently being implemented by schools and communities nould be considered as part of a national reform agenda?
	Power threat meaning framework. Will help dramatically with early intervention. See work of Lucy Johnstone and co.
	10. 10. Should a wellbeing target be included in the next NSRA? Could this use existing data collections, or additional data required?
	Extent to which each individual believes/fuses with the content of thoughts that pop into their head. Wellbeing target = each individual approaches their thoughts with openess and curiosity>90% of the time (acknowledging this is a skill to be learnt, and difficult to do 100% of the time) E.g. if the though arises "I'm dumb" or "that person is x colour/transgender, and therefore inferior", an individual can realise that this thought is: a) just a conditioned story/image, b) is therefore not real, c) the error/purpose of this story/image e.g. to enhance ones own self image (or reduce one's own image) and therefore drop the thought, and bring attention back into one's immediate environment (e.g. reading their textbook, listening to a friend in distress). I would say additional teaching and self-report data required.
be	11. 11. Would there be benefit in surveying students to help understand student perceptions of safety and elonging at school, subjective state of wellbeing, school climate and classroom disruption? Would there be alue in incorporating this into existing National Assessment Program surveys such as NAPLAN?
	Yes - needs to occur with training each student on how their mind works and how to drop thoughts (see response to 10.)
	12. 12. To what extent do school leaders and teachers have the skills and training to support students ruggling with mental health?
	Not really at all, there may be a few rare exceptions. Until a teacher has learnt to master their own mind, how are they supposed to teach and model to others. Mental health is not categorical like the DSM, it exists on a continum.

13. 13. What can be done to establish stronger partnerships between schools, Local Health Networks and Primary Health Networks?
If you want to give kids more drugs, strengthen partnerships here. If you'd like to go to the root of the problem, this is not where the priority should be.
Q19. 14. What can be done to ensure schools can easily refer students to services outside the school gate that they need to support their wellbeing? How can this be done without adding to teacher and leader workload?
Teach mental well-being in schools within curriculum. Students and teachers learning together ♥ this can only improve learning outcomes and improve relationships.
Q56.  Chapter 4: Our current and future teachers  Q20. 15. What change(s) would attract more students into the teaching profession?

Q32. 16. What change(s) would support teachers to remain in the profession?

Training of each to master their own mind and watch how it works.	
31. 17. What change(s) would support qualified teachers to return to the profession?	
30. 18. What additional reforms are needed to ensure that the schools most in need can support and retain	
ghly effective teachers?	
29. 19. What can be done to attract a diverse group of people into the teaching profession to ensure it looks	
29. 19. What can be done to attract a diverse group of people into the teaching profession to ensure it looks	
e the broader community?	

*Q28.* 20. What can be done to attract more First Nations teachers? What can be done to improve the retention of First Nations teachers?

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Q2	6. 21. What reforms could enable the existing teacher workforce to be deployed more effectively?
Q2 imp	5. 22. How can teacher career pathways, such as master teachers and instructional specialists, be proved to attract and retain teachers? How should this interact with the Highly Accomplished or Lead
Tea	acher (HALT) certification and the Australian Professional Standards for Teachers?
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02	4. 23. Are there examples of resources, such as curriculum materials, being used to improve teacher
WO	rkload or streamline their administrative tasks?
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Q23. 24. How should digital technology be used to support education delivery, reduce teacher workload and improve teacher effectiveness? What examples are you aware of?

	22. 25. Are there benefits for the teaching profession in moving to a national registration system? If so, what e they?
S	57. Chapter 5: Collecting data to inform decision-making and boost tudent outcomes
Ų.	27. 26. What data are of most value to you and how accessible are these for you?
Ų.	27. 26. What data are of most value to you and how accessible are these for you?
Q	27. 26. What data are of most value to you and how accessible are these for you?  35. 27. Is there any data that are not currently collected and reported on that is vital to understanding ducation in Australia? Why is this data important?

	lata measurement and f so, how can this data			ents with disability	/ be a priority ur	nder
3. 29. Is there a	a need to establish a report at a jurisdiction	report which track al and a national	ks progress on t level? What sho	he targets and re ould be included	eforms in the ne in the report?	xt
ailable to inform	data collected by schon policy design and imaliable safely and effic	plementation? W				е

*Q31.* 31. The Productivity Commission and Australian Education Research Organisation (AERO) have identified the need for longitudinal data to identify the actual students at risk of falling behind based on their performance (and not on equity groups alone) and to monitor these students' progress over time. Should this be the key data reform for the next NSRA?

. 32. Should an independent e to govern the sharing of da	body be responsible for coata through this body?	ellecting and holding data? Wh	nat rules should be in
. 33. Is there data being coll	ected that is no longer requ	ired?	
. 34. How could the national	Unique Student Identifier (I	USI) support improved outcor	nes for students?
e	33. Is there data being colle	33. Is there data being collected that is no longer requ	32. Should an independent body be responsible for collecting and holding data? Wit to govern the sharing of data through this body?  33. Is there data being collected that is no longer required?

Q58.

**Chapter 6: Funding transparency and accountability** 

Q36. 35. Are there other objectives for funding accountability and transparency we have missed?
Q39. 36. How can governments make better use of the information already collected and/or published to achieve the objectives?
Q38. 37. What other funding accountability and transparency information regarding schools (both your school and the education system more generally) would be useful?
Q37. 38. What are the priority gaps in the current funding transparency and accountability arrangements from your perspective?

Q52. If you have more information you would like to share with the Expert Panel, please send a written
response as a .docx or RTF format to NSRA.submissions@education.gov.au. An additional PDF version may
also be submitted. Please make sure to note that your email is to be considered alongside your current
submission.

If you have any questions about your submission or the submissions process more broadly, please contact  $\underline{\mathsf{NSRA.submissions}} \underline{\mathsf{oeducation.gov.au}}$